

Lap Swim - May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim is held in the Training Pool (four 20-yard lanes, 3.5-4 feet deep) at PH Aquatic Park, unless specified as (DP) on the calendar. The Dive Pool has six 25-yard lanes and is 3.5-10.5 feet deep. Pre-registration is required.						1
						9:45 am 10:45 am 11:45 am
2	3	4	5	6	7	8
9:45 am 10:45 am 11:45 am	8:15 am 7:15 pm		8:15 am 7:15 pm		8:15 am	9:45 am 10:45 am 11:45 am
9	10	11	12	13	14	15
9:45 am 10:45 am 11:45 am	8:15 am 7:15 pm		8:15 am 7:15 pm		8:15 am	9:45 am 10:45 am 11:45 am
16	17	18	19	20	21	22
9:45 am 10:45 am 11:45 am	8:15 am 5:15 pm (DP) 6:15 pm (DP) 7:15 pm	5:15 pm (DP) 6:15 pm (DP)	8:15 am 7:15 pm	5:15 pm (DP) 6:15 pm (DP)	8:15 am	9:45 am (DP) 10:45 am (DP) 11:45 am (DP)
23	24	25	26	27	28	29
9:45 am 10:45 am (DP) 11:45 am (DP)	8:15 am 5:15 pm (DP) 6:15 pm (DP) 7:15 pm	5:15 pm (DP) 6:15 pm (DP)	8:15 am 7:15 pm	5:15 pm (DP) 6:15 pm (DP)	8:15 am	Holiday
30	31					
Holiday	Holiday					

Lap Swim - June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		8:15 am	8:15 am 7:15 pm		8:15 am	9:45 am (DP) 10:45 am (DP) 11:45 am (DP)
6	7	8	9	10	11	12
9:45 am 10:45 am (DP) 11:45 am (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	7:00 am (DP) 8:15 am	9:45 am (DP) 10:45 am (DP) 11:45 am (DP)
13	14	15	16	17	18	19
9:45 am 10:45 am (DP) 11:45 am (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	7:00 am (DP) 8:15 am	9:45 am (DP) 10:45 am (DP) 11:45 am (DP)
20	21	22	23	24	25	26
9:45 am 10:45 am (DP) 11:45 am (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	7:00 am (DP) 8:15 am	Holiday
27	28	29	30	Lap Swim is held in the Training Pool (four 20-yard lanes, 3.5-4 feet deep) at PH Aquatic Park, unless specified as (DP) on the calendar. The Dive Pool has six 25-yard lanes and is 3.5-10.5 feet deep. Pre-registration is required.		
Holiday	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	4:45 pm (DP) 5:45 pm (DP)			

Lap Swim - July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim is held in the Training Pool (four 20-yard lanes, 3.5-4 feet deep) at PH Aquatic Park, unless specified as (DP) on the calendar. The Dive Pool has six 25-yard lanes and is 3.5-10.5 feet deep. Pre-registration is required.				1	2	3
				7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	7:00 am (DP) 8:15 am	Holiday
4	5	6	7	8	9	10
Holiday	Holiday	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	7:00 am (DP) 8:15 am	9:45 am (DP) 10:45 am (DP) 11:45 am (DP)
11	12	13	14	15	16	17
9:45 am 10:45 am (DP) 11:45 am (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	7:00 am (DP) 8:15 am	9:45 am (DP) 10:45 am (DP) 11:45 am (DP)
18	19	20	21	22	23	24
9:45 am 10:45 am (DP) 11:45 am (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	7:00 am (DP) 8:15 am	9:45 am (DP) 10:45 am (DP) 11:45 am (DP)
25	26	27	28	29	30	31
9:45 am 10:45 am (DP) 11:45 am (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	7:00 am (DP) 8:15 am	9:45 am (DP) 10:45 am (DP) 11:45 am (DP)

Lap Swim - August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
9:45 am 10:45 am (DP) 11:45 am (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	4:45 pm (DP) 5:45 pm (DP)	7:00 am (DP) 8:15 am 4:45 pm (DP) 5:45 pm (DP) 6:45 pm (DP)	7:00 am (DP) 8:15 am	9:45 am (DP) 10:45 am (DP) 11:45 am (DP)
8	Lap Swim is held in the Training Pool (four 20-yard lanes, 3.5-4 feet deep) at PH Aquatic Park, unless specified as (DP) on the calendar. The Dive Pool has six 25-yard lanes and is 3.5-10.5 feet deep. Pre-registration is required.)					
9:45 am 10:45 am (DP) 11:45 am (DP)						