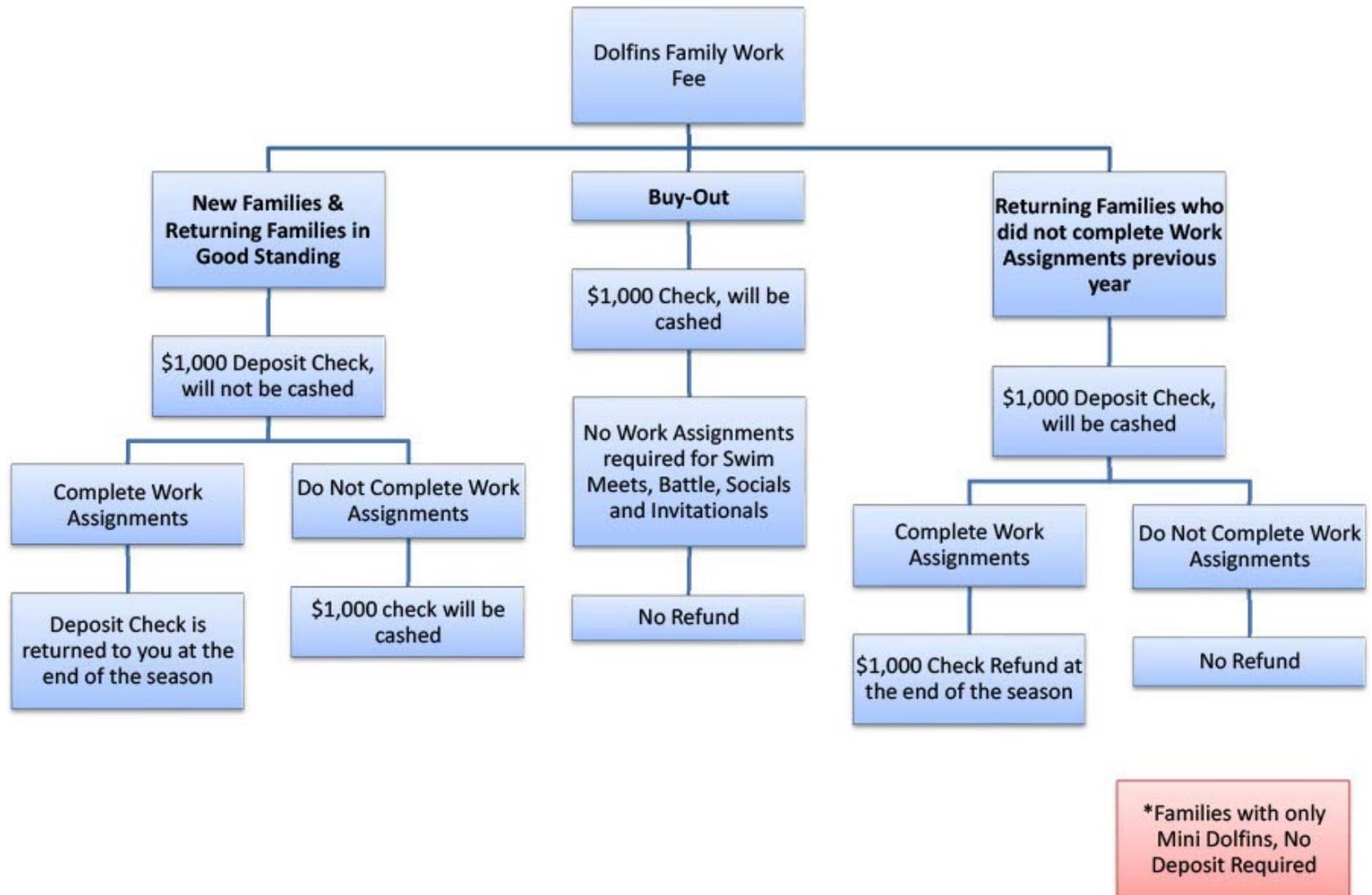


2026 Dolphins Family Work Deposit & Work Shift Requirements



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Welcome to the Dolphins Swim Team! This information has been prepared to help explain the Dolphins Family Work Deposit and Work Shift Requirements. Parents/families play a vital role in the success of the Dolphins Swim Team and parent/family participation is required. Thank you in advance for helping to create a great summer swim experience for our kids!

Work Fee Deposit Checks

All families must submit a \$1,000 Deposit check by the first day of practice. Checks will NOT be cashed unless families indicate they are buying out, work is not complete, or families have outstanding invoices at the end of the season. Please read this entire document for all the details.

Work Assignments

Once the meet schedule and total # of families is determined for the team, the number of job commitments will be confirmed. In general, the family commitment is:

1. Approximately 4-6 shifts at regular meets
2. 3 shifts at Battle of the Ages
3. All families that attend invitationals, including the County Meet, will be required to work a short shift (usually less than 2 hours)

Work assignments will be discussed at the pre-season parent meeting on Friday, May 8, 2026, 6:30 pm at the Teen Center, and registration for regular meet work assignments will open after the meeting (specific dates will be sent through team emails, watch your email for more details). All sign-ups for work assignments will be done online through the Dolphins TeamUnify (TU) website. Families with only Mini Dolphins are not required to have a job commitment, but you are encouraged to participate in our team fundraiser, Battle of the Ages.

Meet Work Shifts

To run a successful home meet, we need almost 50 volunteers! Parents are also needed to work at away meets. The jobs we are assigned at away meets are based on the needs of the hosting team. Check out the [job descriptions](#) for more information about the variety of jobs available.

Some season-long jobs require training, such as the Desk Team and Stroke & Turn. The jobs that require training are not difficult, and training is provided! Time Trials is the perfect place to get some hands-on practice. All families should attend Time Trials so that your swimmer gets a base time for the season. Time Trials is considered an Invitational and all families attending Time Trials are required to work the event. Time Trials does not count towards your regular meet point requirement.

Battle of the Ages - June 27 & 28, 2026

Battle of the Ages is the Dolphins largest fundraiser. All families are required to work to make this event a success – whether your swimmer(s) attend the meet or not. Families are responsible for finding a substitute to cover any/all Battle shifts they are unable to work. Look at the [job descriptions](#) to see more information about the Battle jobs.

Missed Invitationals

The Pleasant Hill Dolphins (PHD) Parent Club pays the entry fees for swimmers to attend invitationals. If your swimmer misses an invitational for any reason, you must reimburse the Parent Club the entry fees. Buy-Out Families are responsible for any Missed Invitational Fees.

Substitutes

If you cannot complete your work commitment, it is your responsibility to find a substitute and notify the Work Coordinators at PHDWorkShifts@gmail.com. Always include the substitute's name and contact information (email & cell phone).

Missed Work Shift Fines

Failure to work a scheduled shift or provide a substitute for a shift will result in a monetary fine (\$150/shift). The Parent Club Treasurer will send an invoice for the fine and your swimmer(s) will not be entered in subsequent swim meets until the fine is paid. To avoid fines, please make sure you check in with the work shift coordinator and sign in for every shift. Please keep in mind; we need the position filled more than we need the money!

You can keep track of how many shifts have been credited to your account through the Dolphins TeamUnify website. It is the parent's responsibility to inform the Work Shift Coordinator of any discrepancies within 48 hours of the shift.

Social Events

The team offers many social events throughout the season in an effort to promote the "Have Fun" part of the team's motto. Social events include age group parties, senior coach day, coach appreciation, pasta feeds and much more. Please contact the current Social Events Board Member for more information about social events.

Deposit Deductions

There are no prorated Family Fee refunds for partial completion of work assignments.

If you have outstanding Missed Invitational Fees and/or Missed Work Shift Fines at the end of the season, your \$1,000 Family Fee check will be cashed and you will be issued a refund check less the outstanding fees (assuming all work assignments were completed).

Any family with outstanding invoices will have their Pleasant Hill Recreation & Park District account suspended and they will be unable to register for any District activity until their balance with the Dolphins Parent Club is brought current.

Buy Outs

To make the season a success for all our swimmers, we need all families to complete their work shifts. However, we understand that some families are unable to commit to work and a limited number of Buy Outs are available. Families who wish to buy out should notify the Work Shift Coordinator at PHDWorkShifts@gmail.com, and your \$1,000 Deposit check will be cashed. Buy Out Families are still responsible for any Missed Invitational Fees.

Returned Check Policy

Returned checks are subject to an additional fee to cover charges to the Dolphins Parent Club account by our financial institution. The current returned check fee is \$31.

Volunteer Fingerprinting

[Assembly Bill No. 506](#) is a state law to protect children from sexual abuse from youth organizations. The law requires fingerprint-based background checks for adult volunteers that are in direct contact with or supervise children more than 16 hours a month or 32 hours a year. For the Pleasant Hill Dolphins Swim Team, **all** adult volunteers must be fingerprinted. The only exceptions to the fingerprint requirement are:

- Volunteers aged 17 or under
- Buy-Out Families
- Families with only Mini-Dolphins
- *Volunteers of another Pleasant Hill Recreation & Park District program (i.e. Jr NBA Basketball league coaches) when your fingerprints remain on file with Pleasant Hill Recreation.

*If you believe you have been fingerprinted for a different Pleasant Hill Recreation program, please contact Korey Riley at kriley@pleasanthillrec.com to confirm that your fingerprints are on file.

Background check results are confidential, and we are unable to share the results of the fingerprint background check between organizations. Even if you have been fingerprinted for a different organization (PHBA, your child's school, etc.), you must still be fingerprinted for the Dolphins unless you meet one of the exceptions above.

There is no cost for fingerprinting when you use a Pleasant Hill Recreation & Park District approved Live Scan Location.

Each year, we will set up on-site fingerprinting date(s) for families who need to be fingerprinted. Please watch your email for more information, including instructions on how to sign up for an on-site fingerprinting appointment. Each adult being fingerprinted must have their own appointment.

If you are unable to attend on-site fingerprinting dates, fingerprinting is available at The UPS Store in Downtown Pleasant Hill (25A Crescent Drive, Pleasant Hill). Please contact the store at (925) 356-0405 to confirm hours or if an appointment is needed.

To prepare for your fingerprinting appointment, please review the attached [Volunteer Fingerprint Instructions](#), **complete the "Request for Live Scan Service" form ahead of time (the 3rd page in the attachment), and bring a current government issued Photo ID.**