AUGUST 2026

Café COSTA — Taste the Good Life.

MAKE YOUR LUNCH RESERVATIONS AT LEAST ONE BUSINESS DAY IN ADVANCE! BY 11:00AM CALL (925) 771-7641

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/3	**8/4**	**8/5**	**8/6**	**8/7**
New! Buffalo Ranch Chicken Sandwich w/Lettuce, Tomato, & Onion on a Whole Grain Bun C Cauliflower Carrot Raisin Salad Seasonal Fresh Fruit	*New!* Beef Frito Pie over Tortilla Chips C Cilantro Coleslaw Mexicali Corn Juice Pudding	Turkey Coconut Curry Cream of Mushroom Soup Brown Rice Scandinavian Veggies C Citrus Fruit	Sesame Pork over Garlic Noodles Asian Corn & Mushroom Soup Sesame Green Beans *New!* Asian Cucumber Salad C Fresh Melon	+ Mock Crab Salad Sandwich with Lettuce, Tomato, and Onion Corn Chowder Marinated Vegetable Salad C Tangerine
8/10	**8/11**	**8/12**	**8/13**	**8/14**
Kalua Pork Spinach Salad with Balsamic Vinaigrette C Broccoli Hawaiian Mac Salad Fresh Apple Sherbet	Baked Tilapia with Honey Ginger Glaze Citrus Lentil Soup Carrot Pineapple Salad Zucchini Brown Rice C Fresh Orange	Meatloaf w/Gravy C Garlic Whipped Potatoes Stewed Tomatoes Green Salad w/Ranch Dressing Whole Wheat Roll w/Butter Peaches	Turkey Salad Sandwich w/Lettuce, Tomato, & Onion on Whole Wheat Bread Minestrone Soup Key Largo Vegetables C Tropical Fruit	Baked Chicken w/Korean BBQ Sauce and Sesame Pasta Egg Drop Soup C Cauliflower *New!* Asian Green Bean Salad Fresh Pear
8/17	**8/18**	**8/19**	**8/20**	**8/21**
Turkey Burger with Cheese, Lettuce, Tomato, Onion, Mayo, and Mustard on a Whole Grain Bun Broccoli Cheese Soup C Fiesta Vegetables Banana	Chicken Tikka Masala Lentil & Garbanzo Soup Spinach Brown Rice Tossed Salad w/Balsamic Vinaigrette C Applesauce Cookie	Pork Carnitas w/Salsa and a Flour Tortilla Pinto Beans C Pineapple Slaw Mexicali Corn Fresh Melon	Breaded Pollock w/Florentine Sauce Carrots Confetti Brown Rice Garden Pea Salad C Citrus Fruit	Hot Dog w/Cheese, + Onions, Ketchup, Mustard, and WG Bun California Vegetables C Tossed Salad w/Italian Dressing Seasonal Fresh Fruit Green Gelatin Poke Cake
8/24	**8/25**	**8/26**	**8/27**	**8/28**
Salisbury Steak w/Gravy C Mashed Potatoes Bean Medley Whole Wheat Roll w/ Butter Seasonal Fresh Fruit	Turkey Tetrazzini Vegetable Soup Italian Vegetables Green Peas C Fresh Melon	Baked Tilapia w/Teriyaki Sauce Mixed Vegetables Brown Rice C Mandarin Oranges Ice Cream	Greek Chicken Pasta Salad Tomato Basil Soup Cucumber Tomato Salad Whole Wheat Roll w/Butter C Tropical Fruit	Szechuan Pork C Brussels Sprouts Brown Rice Green Salad w/Sesame Dressing Seasonal Fresh Fruit
8/31				
+ Breaded Pollock Sandwich w/Tartar Sauce & Lettuce on a Whole Grain Bun Clam Chowder Marinated Beets C w/Mandarin Oranges 4-Bean Salad w/Carrots Seasonal Fresh Fruit				

All meals served with lowfat milk.

2 DAILY ALTERNATIVE ENTRÉE CHOICES: VEGETARIAN OR FEATURED ENTRÉE SALAD (SEAFOOD LOUIE SALAD).

— Vitamin A

C Vitamin C

\+ Higher in sodium

Meals prepared in this kitchen may contain or come into contact with tree nuts, sesame, peanuts, soy, eggs, milk, fish, crustacean shellfish, wheat, and gluten-containing products. Despite precautions, cross-contact may occur. We cannot guarantee meals are allergen-free.