

Water Polo

CAMPS

High School

Water Polo Camps

(Entering Grades 9-12) (Co-ed)
 New students are introduced to the sport and returning students prepare for the upcoming season. Focus is on physical conditioning and basic skills, including passing, shooting, counter attacks, offense and defense. Open to students entering high school in Fall 2010.

Coach: Steven Mayers
 ...College Park HS Water Polo Coach

8750.901 June 15–July 29 (7 weeks)

- ❖ Tue/Th, 8–9:30 pm
- ❖ Fee: \$164 / Dist. Res. \$149

8750.902 Aug 2–12 (2 weeks)

- ❖ Mon–Th, 5–6:30 pm
- ❖ Fee: \$104 / Dist. Res. \$89
- ❖ PH Education Ctr.:
1 Santa Barbara Rd.

Enroll in both **8750.901** & **8750.902** and receive a \$39 discount.

Youth

Water Polo Camp

(Entering Grades 4-8) (Co-ed) (3 Weeks)



Program introduces basic skills to students new to the sport, including passing, shooting, offense, defense, the rules of the game and physical conditioning.

Instructor: Aquatics Staff

8750.903 June 22–July 8

8750.904 July 13–July 29

- ❖ Tues/Wed/Th, 10:30 am–noon
- ❖ Fee: \$ 104 / Dist. Res. \$89

\$5 Discount Online Registration, pleasanthillrec.com, or call 682-0896, or by fax 682-1633.



Pleasant Hill Recreation & Park District
 People, Parks & Programs Since 1951
www.pleasanthillrec.com



Mail in Registration - Register NOW!

Complete form and mail with check payable to: **Pleasant Hill Recreation & Park District**,
 147 Gregory Lane, Pleasant Hill, CA 94523



Pleasant Hill Recreation & Park District
 People, Parks & Programs Since 1951
www.pleasanthillrec.com

LAST name only _____ Evening Phone _____ Day Phone _____

Address _____ City _____ Zip _____

E-mail Address _____ New address? Yes No

First Name(s)	Class/Activity	Number/Session	Begins	Day	Time	Fee	Dist. Res. Fee
1.						\$	\$
2.						\$	\$

Age and birthdate if under 18 yrs. 1. ____ / ____ / ____ 2. ____ / ____ / ____ 3. ____ / ____ / ____

Credit Card payment: MasterCard ___ VISA ___ Card No. _____ Expiration Date _____

Authorized Signature _____ Check one: ___ Adult permission for minor ___ Adult participant

I understand that I am required to fill out and sign a Waiver of Liability before participating in the above class/activity. NO REFUNDS unless class/activity is changed or canceled by the District.

Signature _____ Date _____