

## Kidz Love Soccer, Inc.

Boys & Girls (2–3.5 yrs) (3.5–12 yrs)  
 This soccer 'school' is a recreational setting for children to learn soccer through age-appropriate skill demonstrations, games, and instructional scrimmages in a safe, non-competitive environment. Facilitated by a licensed professional in the Kidz Love Soccer method. SHIN GUARDS ARE REQUIRED BY THE SECOND MEETING. Register by one week prior to class. KLS Rain-out Hotline number is (800) 871-2275. For information, log on kidzlovesoccer.com

### (2–3.5 yrs) Mommy/Daddy & Me

**5030.521** Apr. 1–May 27 (9 wks)

❖ Wed., 4:30–5 pm

**5030.522** Apr. 3–June 12 (9 wks)

❖ Fri., 9:30–10 am

No class Apr. 10, May 22

**5030.601** June. 17–Aug. 12 (8 wks)

❖ Wed., 4:30–5 pm

**5030.602** July 10–Aug. 28 (8 wks)

❖ Fri., 9:30–10 am

❖ Fee: \$101 / Dist. Res. \$91 (8 Classes)

❖ Fee: \$109 / Dist. Res. \$99 (9 Classes)

### (3.5–12 yrs)

❖ Fri., Apr. 3–June 12 (9 wks)

\*No class Apr. 10, May 22

**5031.521 Tot Soccer** (3.5 yrs) 10:50–11:20 am

**5031.522 Tot Soccer** (3.5 yrs) 5:05–5:35 pm

**5032.521 Pre-Soccer** (4 yrs) 10:15–10:50 am

**5032.522 Pre-Soccer** (4 yrs) 2:45–3:20 pm

**5033.521 Soccer 1** (5–6 yrs) 3:20–4:05 pm

**5034.521 Soccer 2** (7–8 yrs) 4:05–4:50 pm

**5035.521 Soccer 3** (9–12 yrs) 4:05–5:05 pm

❖ Fee: \$109 / Dist. Res. \$99 (9 wks)

❖ Fri., July 10–Aug. 28 (8 weeks)

**5031.601 Tot Soccer** (3.5 yrs) 10:50–11:20 am

**5031.602 Tot Soccer** (3.5 yrs) 5:35–6:05 pm

**5032.601 Pre-Soccer** (4 yrs) 10:15–10:50 am

**5032.602 Pre-Soccer** (4 yrs) 3:30–4:05 pm

**5032.603 Pre-Soccer** (4 yrs) 6:05–6:40 pm

**5033.601 Soccer 1** (5–6 yrs) 4:05–4:50 pm

**5034.601 Soccer 2** (7–8 yrs) 4:50–5:35 pm

❖ Fee: \$101 / Dist. Res. \$91 (8 wks)

❖ PH Park: 147 Gregory Ln.

(all classes North of Picnic Area #3, near Community Garden. Ask for map when registering.)

## Cardio Tennis New

(4 classes; max 10 students)

A heart pumping workout that will keep you in shape and improve your tennis skills.

**5553** Monthly starting in April

❖ Mon., 7:30–8:30 pm

❖ Fee: \$64 / Dist. Res. \$51

❖ Where

## Tennis

REGISTRATION FOR ALL TENNIS PROGRAMS WILL BE TAKEN AT THE DISTRICT OFFICE, 147 Gregory Lane, Mon–Fri, 11 am–5 pm. To use VISA, MasterCard, or American Express, call 682–0896 or use the registration form on page 39. Classes may be combined or canceled based on number of registrants.

### Monthly Group Lessons

#### 5595 (Four one-hour classes)

(6–14 students)

Top-quality instruction is available through Pleasant Hill Recreation & Park District.

Classes begin on the first day of the month and run four consecutive weeks through the end of the month. Choose the class that meets your schedule. If you want more than one lesson per week, register for multiple classes. Register at least one week prior to the first class, which always begins the first week of the month. Classes may be combined or canceled if minimum numbers are not reached. Students may play before and after class if courts are available. Tennis shoes and racquet required.

Instructor: Deborah Gantt, USTA Member  
 ...U.S. National Tennis Academy Certified; 11 yrs experience.

### Playing Levels

(Adult/Teen, 13 yrs–Adult) (Youth 6–12 yrs)  
 (Pee Wee 4–6 yrs)

**B...Beginner** – no tennis background or limited experience (1.5/below)

**AB...Advanced Beginner** – minimal skills and playing experience (2.0–2.5)

**INT...Intermediate** – familiar with all basic strokes; can maintain a rally and has some playing experience. Emphasis on refinement of skills, rallying, singles/doubles play, and strategy (3.0–3.5)

**ADV...Advanced** – knows all basic strokes; can maintain a rally and has playing experience. Emphasis on refinement of tennis skills (4.0–4.5)

❖ Fee: \$57 / Dist. Res. \$46

❖ College Park H.S. Tennis Courts

320 Civic Dr.: (adjacent to the Community Ctr. parking lot)

❖ PH Education Ctr.: Tennis Courts:  
 1 Santa Barbara Rd.

Sessions:	.504 April	.605 May	.606 June	.607 July	.608 August
<b>MONDAY</b>	<b>5582 Youth B/AB</b> 6:30–7:30 pm, CPHS				<b>5553 Adult Cardio (See below)</b> 7:30–8:30 pm, CPHS
<b>TUESDAY</b>	<b>5555 Adult/Teen B/AB</b> 6:30–7:30 pm, CPHS				
<b>WEDNESDAY</b>	<b>5584 Youth B/AB</b> 6:30–7:30 pm, CPHS				<b>5585 Youth INT</b> 7:30–8:30 pm, CPHS
<b>THURSDAY</b>	<b>5565 Adult/Teen B/AB</b> 6:30–7:30 pm, CPHS				<b>5566 Adult/Teen INT</b> 7:30–8:30 pm, CPHS
<b>SATURDAY</b>	<b>5575 Adult/Teen B/AB</b> 9–10 am, CPHS				<b>5588 Youth B/AB</b> 10–11 am, CPHS  <b>5598 Pee Wee B/AB</b> 11 am–noon, CPHS

### Lessons By Arrangement

Can't make our scheduled classes? Call and tell us when you and/or your partner are available for either one or six hours of instruction. Register early; there is limited time available with our instructor. Arrange your private or semi-private lessons, (925) 682-0896.

Instructors: Deborah Gantt / Staff

#### 5596 Private Lessons

**Per hour** (any age or level)

❖ Fee: \$64 / Dist. Res. \$51

❖ **Six one-hour classes** (any age or level)

❖ Fee: \$266 / Dist. Res. \$251

#### 5597 Semi-Private Lessons

(2 per / same level; must register together)

**Per person / per hour**

❖ Fee: \$33 / Dist. Res. \$26

**Per person; six one-hour classes**

❖ Fee: \$141 / Dist. Res. \$126