

Teen Scene

TEEN SCENE programs are designed for youth in 6th–12th grades unless noted otherwise; some programs are open to youth and/or adults. REGISTRATION for teen activities is taken at our District Office, 147 Gregory Lane, Mon–Fri, 11 am–5 pm. REGISTER BY AT LEAST ONE WEEK PRIOR to start, unless otherwise noted, to avoid cancellations. A MEDICAL WAIVER for all minor participants must be on file in our office by the day prior to start of program. For details, or to use VISA or MasterCard to register, call 682-0896.

Babysitter Certification First Aid & Safety Training

(Grades 5–12/girls & boys) (1 day)
Safe childcare topics include common bleeding, falls, seizure, and illness; how to calm a crying child; stopping a sibling fight and how to recognize an emergency. Students receive an American Health & Safety Institute manual, and Babysitting Certificate upon passing the course. Bring a snack.

Instructor: Rebecca Fontaine

5105.601 May 2

5105.602 June 27

- ❖ Sat., 9 am–1 pm
- ❖ Fee: \$56 / Dist. Res. \$46 (+\$15 lab fee payable to instructor)
- ❖ Winslow Ctr.: Rms. 1 & 2
2590 Pleasant Hill Rd.

Babysitter CPR Accident Prevention

(Grades 5–12/girls & boys) (1 day)
Learn CPR techniques for the infant, child, and adult victim; accident prevention, how to help someone choking, or not breathing. Manikins used. Demonstration of an Automatic External Defibrillator is included. Take-home manual provided. Bring lunch.

Instructor: Rebecca Fontaine

5106.601 May 16

5106.602 July 11

- ❖ Sat., 9 am–1 pm
- ❖ Fee: \$56 / Dist. Res. \$46 (+\$15 lab fee payable to instructor)
- ❖ Winslow Ctr.: Rms. 1 & 2
2590 Pleasant Hill Rd.

Basketball Drop-in Friday Night Open Gym

(Teens, grades 6–12)
Drop-in and shoot hoop with your friends at the gym! Bring a ball or use one provided; wear gym shoes. No food/drink allowed in gym. A parent-signed medical waiver must be on file prior to participation.

Leader: Rec. Staff

Mar. 20–May 15

- ❖ Fri., 7–10 pm
- ❖ \$3 / at door
- ❖ PH Education Ctr.: Gym,
1 Santa Barbara Rd.

Beginning Guitar

(12+ yrs and up) (4 or 6 weeks)
Want to learn to play guitar? Students will learn and improve techniques essential to guitar playing such as strumming, proper hand position, and chord transitions while learning songs that are popular and fun to play. Class focus is on helping students enjoy musical success as quickly as possible. Home practice required

Instructors: Village Music School Staff

5122.601 May 9–June 13 (6 wks)

❖ Sat., 12:30–1:10 pm

5122.602 June 22–July 13 (4 wks)

5122.603 July 20–Aug 10 (4 wks)

- ❖ Mon., 11:45 am–12:25 pm
- ❖ Fee: \$109 / Dist. Res. \$94 (6 wks)
\$79 / Dist. Res. \$64 (4 wks)
(+\$10 lab payable to instructor)
- ❖ Village Music School:
1200-B Contra Costa Blvd., Pleasant Hill

Beginning Piano/Keyboard

(12 yrs & up) (4 weeks)
Making music quickly is the best way to keep kids enthusiastic about learning an instrument. Musical concepts such as rhythm and note reading are taught to kids as they learn favorite melodies. Our teachers foster musical success through kindness, enthusiasm, and a proven piano method. Home practice and workbook study required. Keyboards available for rent.

Instructors: Village Music School Staff

5134.601 June 24–July 15

5134.602 July 22–Aug. 12

- ❖ Wed., 11:10 am–11:40 am
- ❖ Fee: \$79/ Dist. Res. \$64 (+\$10 lab fee payable to instructor)
- ❖ Village Music School
1200-B Contra Costa Blvd., Pleasant Hill

Buddy Voice Lessons New

(Grades 6 & up) (6 weeks)
Improve all the skills that are essential to singing; proper breathing, posture, mask, and confidence. Buddies sing together in a kind, supportive environment. Maximum of three students per class.

Instructors: Village Music School Staff

5116.601 May 9–June 13

❖ Sat., 10:50–11:20 am

5116.611 May 9–June 13

- ❖ Sat., 12:50 pm–1:20 pm
- ❖ Fee: \$109 / Dist. Res. \$94 (+\$10 lab fee payable to instructor)
- ❖ Village Music School
1200-B Contra Costa Blvd.,
Pleasant Hill

Summer Camps

Pre-School..... page 37

Youth..... page 44–45

Teens page 43

Pleasant Hill Teen Council (Grades 6–12)

APPLY NOW! LET YOUR OPINION BE HEARD! *Apply for the 2009–2010 Pleasant Hill Teen Council!* Teen Scene is a program for teens by teens. Teen representatives from local middle and high schools plan activities, classes, dances, sports, and trips for students grades 6–college. Applications are available at the District office, 147 Gregory Lane, or at the Community Center, 320 Civic Drive; deadline, April 22; interviews, early May.

MEETINGS: First and third Mondays, mid-Sept–June (excluding holidays), 7–8 pm, PHR&PD Board Room, 147 Gregory Lane.

2008–09 Teen Council members: Ben Altman, Jordan Baldwin, Bojana Bozic, Nasreen Broomand, Brett Cantrell, Kaela Carson, Jillian Cary, Brittany Goonan, Taylor Jones, Jennifer Kupper, Jenna Landry, Amelia Lowry, Kara Lowry, Allison Maeyama, Kaitlyn Malcolm, Jenna McBee, Kelly McBee, Julia Meilan, Sarah Power, Priscilla Rodriguez, Nick Ramirez, Melissa See, Bijan Shamai, Christanna Stafford, T.J. Tamura, Jimmy Torres, Kelsey Weise, and Nicole Thompson.

Games Club Strategy Games & Chess

(Grades 4–12) (8 weeks) (All levels)
Learn problem-solving skills, new openings, winning techniques, and strategies while playing Chess, Computer or Nightmare Chess, plus other strategy games.

Leader: Dave DeFabio

5102.601 May 6–June 26

5102.602 July 8–Aug. 28

- ❖ Wed/Fri, 6–10 pm
- ❖ Drop In: \$5; \$30 punch card (8 classes)
- ❖ PH Park: Teen Ctr. (Wed.)
Community Ctr.: Art Studio (Fri.)

Games Club Spring Break Camp Zone of the Strategy Masters

(Grades 4–8) (1 week)
Play and learn Chess, Checkers, Stratego, Computer and Nightmare Chess and similar games of strategy. Tournaments, life-size Chess match, arts and crafts, Skeepool, movies, indoor/outdoor activities as well as challenging and classic board games.

Leader: Dave DeFabio

5103.600 Apr. 13–Apr. 17

- ❖ Mon-Fri, 10 am–6 pm
- ❖ Fee: \$113 / Dist. Res. \$98
- ❖ Community Ctr.: Art Studio

Online Driver's Ed

(15 yrs & up)
This course is an interactive, educational online course with the latest in animation, video, and web technology. Course includes: rules of the road, freeway driving, motorcycle and pedestrian safety, major causes of traffic collisions, alcohol and drugs, and more. Teens under 17½ years old are required to obtain a learner's permit and driver's license. Upon completion, student will receive DMV-approved Driver's Education Certificate of Completion (OL 237.) Course is available when you are. Sign up anytime.

www.safetydriversed.com/affiliates/phrec

- ❖ Fee: \$75

Volunteer Office Assistants

(Grades 9–college)
Learn office skills and earn Community Service hours while assisting PHR&PD office staff. Limited positions available. To sign up, call 682-0896.

5172.601 Apr. 22–June 3

- ❖ Wed., 3:30–5 pm
 - 5172.602** June 24–Aug. 12
 - ❖ Wed., 2–5 pm
- District Office: 147 Gregory Lane

Project Rock Band

(12+ yrs) (4 weeks)
Project Rock Band is for all students who would like to play in a rock band with other young musicians. Classic songs are learned and performed by enthusiastic Project Rock Band students in a fun, supportive environment. The bands will focus on performing skills, group dynamics, theory, arranging, and song writing. Guitar players provide their own guitars.

Instructors: Village Music School staff

5123.601 June 22–July 13

5123.602 July 20–Aug. 10

- ❖ Mon., 12:35–1:45 pm
- ❖ Fee: \$107 / Dist. Res. \$92
(+\$10 lab fee payable to instructor)
- ❖ Village Music School:
1200-B Contra Costa Blvd., Pleasant Hill

Recreation Job Training

(Grades 6–college)
Looking for exciting summer work with 2–10 year olds? Train NOW! Learn games, arts/crafts, songs, leadership techniques, and safety procedures. All will receive an interview upon completion. Volunteer positions available for under age 15. Wear comfortable clothes; bring a snack. Call 676-5200.

6059.501 Apr. 2

- ❖ Th., 3:30–6:30 pm
- ❖ Fee: \$22 / Dist. Res. \$18
- ❖ Community Ctr.: Pre-School Rm.

Yoga for Teens

(11–16 yrs) (4 weeks)
This fun Yoga for Teens class will help you gain an understanding of how the elements of yoga can help you find peace, balance, and physical and inner strength in your life. Students practice sun salutations, fun yoga flows, and short visualization exercises that can re-charge focus and/or calm the mind, body and spirit. Breathing techniques that help energize, calm, and cleanse the mind are also learned. A yoga mat is helpful, but is not required. Bring water.

Instructor: Ericka Sommerfeldt
...Certified YogaKids® Facilitator & Trainer

5120

- .601** May 6–May 27
- .602** June 3–June 24
- .603** July 8–July 29
- .604** Aug. 5–Aug. 26
- ❖ Wed., 4:15–5:15 pm
- ❖ Fee: \$67 / Dist. Res. \$52
- ❖ Community Ctr.: Upper Club Rm.

Teen Events

Black & White Formal Dance

(Grades 9–12)
Dress to impress in black and white for this D.J.'d dance. NO casual attire, shorts, jeans or hats allowed. Show High School ID at door; coat/purse check provided. Bring cash for refreshments. All participants will be breathalyzed prior to entrance. MUST PRE-REGISTER; PARENT PERMISSION SLIP REQUIRED FOR TICKET PURCHASE. Doors close at 8 pm. For tickets, call 682-0896.

5161.601 Apr. 3

- ❖ Fri., 7–10:30 pm
- ❖ Tickets: \$20
(\$10 if purchased before Mar. 28)
- ❖ Community Ctr.: 320 Civic Dr.

Teen Moonlight Movie

Come watch a movie on the City Hall Lawn. Event co-sponsored by PHR&PD and the City of Pleasant Hill. Bring a blanket, towel, or chair. Movie: Monsters, Inc.

May 22

- ❖ Fri., 8:15–10 pm
- ❖ FREE
- ❖ PH City Hall: 100 Gregory Ln., Lawn



Garage Bands at the Lake

Come check out some local bands at City Hall; showtime, 7 pm. Event co-sponsored by PHR&PD and the City of Pleasant Hill. For information or if you have a teen band interested in performing, call 682-0896.

July 17

July 31

August 14

- ❖ Fri., 7 pm
- ❖ FREE
- ❖ PH City Hall: 100 Gregory Ln., Lawn



More Teen Activities

- Dance, page 32.
- Golf, page 23.
- Karate, page 10.
- Lifeguard Training, page 15.
- Tennis, page 22.

The District has repairs that cannot wait! Help solve the problem. Get involved! pages 24-25.

Teen Summer Programs '09

Counselors-in-Training

(Entering Grades 7–10) (5 weeks)

Get the skills/experience needed for recreation leadership by learning the basics and applying them hands on. After completion of training classes, you will be interviewed for one of our summer camp volunteer positions. Volunteer positions require a four-week commitment. Volunteers will assist staff for 9–15 hours/week at varying camp programs and locations. Certificates are given on successful completion of program. Program hours, sites, and excursions vary week to week for volunteer positions. Site transportation is participant's responsibility for summer. Summer programs begin June 15. For information, call Katrina Hunn, (925) 682-0896 x12.

5175.601 Apr. 23–May 28

- ❖ Th, 3:30–5 pm
- ❖ Fee: \$79
- ❖ Community Ctr.: Pre-School Rm., 320 Civic Drive

Games Club Summer Camp Zone of the Strategy Masters

(Grades 4–8) (1 week)

Play and learn Chess, Checkers, Stratego, Computer and Nightmare Chess and similar games of strategy. Tournaments, life-size Chess match, arts & crafts, Skee-pool, movies, BBQ's, water games, field trips, outdoor activities, and challenging and classic board games.

Leader: Dave DeFabio

5103

.601 June 15–June 19

.602 July 13–July 17

.603 Aug. 24–Aug. 28

- ❖ Mon–Fri, 10 am–6 pm
- ❖ Fee: \$113 / Dist. Res. \$98
- ❖ **.601/.603**, PH Park: Teen Ctr., 147 Gregory Ln.
- ❖ **.602**, Community Ctr., Art Studio, 320 Civic Drive

Tumbleweeds

S.T.A.G.E. Troupe

Summer Reparatory Camp

(10–20 yrs) (8+ weeks)

S.T.A.G.E. Summer Reparatory will present Tumbleweeds, a musical production, based on the comic strip by Tom Ryan, July 31–Aug. 10.

For audition prepare a 1-minute up-beat song and be ready to move on stage. You may vocally audition with sheet music, acapella or with accompaniment tape. A Medical Waiver must be completed prior to participation. Parent participation required. For tickets, see Community Activities, page 30.

Director: Sophia Elliot

Producer: Doña Foreman

Auditions

May 16, 20, 27 (call backs May 30)

- ❖ Sat., 11 am–2 pm; Wed., 4–6 pm

Cast Only Script Pickup

June 3, Wed., 4–6 pm

Parent Meeting

June 6, Sat., 1:30–2:30 pm

Rehearsals

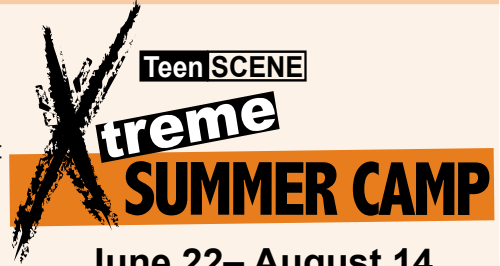
June 6–July 25

- ❖ Sat., 10:30 am–2:30 pm*
*Only June 6, June 20, July 18, 25
Mon/Wed/Fri., 2–5 pm**
**Only Fridays: June 12, 26, July 10, 24
- ❖ Fee: \$225 / Dist. Res. \$210
(+\$50 lab fee payable to BTSPA)
- ❖ Winslow Ctr.: 2590 Pleasant Hill Rd. Assembly Room (Fri/Sat.)
Rooms 1 & 2 (M/W/F)

Snack Shack Volunteers

(Grades 7–12)

Trained teens earn community service hours and work experience by volunteering two or more times a week at the Aquatic Park Snack Shack. Open from June 15–August 14, Mon–Fri, 12:30–4 pm. Volunteers are scheduled two weeks at a time, based on availability. Call 682-0896.



June 22– August 14

(Entering grades 6–9) (1-week daycamps)

Have an extreme adventure with this flexible program set to fit your family's needs. Sign up for one to eight weeks; X-tra Time, half days and trip day pricing available for working parents and teens with other activities. Activities included in registration: Mon., Community Service Projects; Tue / Th., weekly PM swim days at PH Aquatic Park; Wed., weekly trips to theme parks; Fri., Mini-Trips including Laser Tag, movies, and Bowling; Daily activities include indoor and outdoor games, art projects, Billiards, Foosball, Ping-Pong, swimming, movies, group walks, social time, plus potluck BBQs. Bus stops 109 and 116. \$75 non-refundable fee is required at enrollment and will be deducted from registration fees.

Full Days \$45*

- ❖ Mon–Fri., 9 am–5:30 pm
*(15 % Discount for full-week sign up)

Mornings Only \$23/day

- ❖ Mon/Tue/Th, 9 am–noon

Afternoons Only \$23/day

- ❖ Mon/Tue/Th, Noon–5:30 pm

X-tra Time (Extended care) \$8/day

- ❖ Mon–Fri, 7:30–9 am

June 22–June 26

June 29–July 2

July 6–July 10

July 13–July 17

July 20–July 24

July 27–July 31

Aug. 3–Aug. 7

Aug. 10–Aug. 14

- ❖ PH Park: Teen Ctr., 147 Gregory Ln.

Library Summer Reading Program

June 8-Aug. 17, 2009, Contra Costa County Library

Add a little flair to your summer! Get ready for a colorful summer full of interesting books, thrilling prizes, and special events.

- ❖ **Teens Reading Program 6th–12th grade:** Get inspired to “Express Yourself” at your local library and imagine what exciting prizes await you.
- ❖ **Readers ages 18: “Master the Art of Reading”** by submitting a book review online at ccclib.org or at your local library for a chance to win a Booklover's Bag full of goodies!

For information, call the Pleasant Hill Library, 646-6434, or visit ccclib.org

