



Volleyball League

(Co-Ed)
 Pass, set, and spike with your team in our exciting spring season. Divisions include co-ed (A, B & C). Team registration packets for our winter league are currently available at the Administration Office and Community Center. Packets include cost, rules, rosters, etc. Spring league registration packets will be available beginning January 25, with registration closing March 5. Register early; space is limited. To download a registration packet go to www.pleasanthillrecreationsports.com. For information, (925) 682-0896

- ❖ Winter & Spring

Volleyball (Drop-In)

'Bump' into friends at the Pleasant Hill Education Center gymnasium on Tuesday and Saturday evenings, 7:30-10 pm. The program runs continuously except for holidays.

- ❖ Tue/Sat., 7:30-10 pm
- ❖ Cost: \$5/person at the gym
- ❖ PH Education Ctr.: Gym, 1 Santa Barbara Rd.

Free-Agents

Interested in joining a team? Although we *do not* place players on teams, we will take your information and make it available to managers who are looking for players. For more information or a form, call (925) 682-0989.

Kidz Love Soccer, Inc.

Boys & Girls (2-12 yrs)
 This soccer 'school' is a recreational setting for children to learn and play the world's most popular sport. A session experience includes age-appropriate activities: skill demonstrations, games, and instructional scrimmages. Young soccer enthusiasts experience the soccer fun in a safe, non-competitive environment, facilitated by a licensed professional in the Kidz Love Soccer method. SHIN GUARDS ARE REQUIRED BY THE SECOND MEETING, except for Mom/Dad & Me classes. Register by one week prior to class. KLS Rain-out Hotline number is (800) 871-2275. For details, log on kidzlovesoccer.com

Instructor: Kidz Love Soccer Staff

WEDNESDAY

Winter Jan. 20-Mar. 10
 (8 weeks, 8 classes)
5030.811 Mom/Dad & Me
 (2-3.5 yrs) 4:30-5 pm

Spring Apr. 7-June 2
 (9 weeks, 9 classes)
5030.821 Mom/Dad & Me
 (2-3.5 yrs) 4:30-5 pm

FRIDAY

Winter Jan. 22-Mar. 12
 (8 weeks, 8 classes)
5031.812 Tot Soccer (3.5 yrs) 5:05-5:35 pm
5032.812 Pre-Soccer (4 yrs) 3-3:35 pm
5033.811 Soccer 1 (5-6 yrs) 3:35-4:20 pm
5034.811 Soccer 2 (7-8 yrs) 4:20-5:05 pm
5035.811 Soccer 3 (9-12 yrs) 4:20-5:05 pm

Spring Apr. 9-June 4
 (9 weeks, 9 classes)
5030.822 Mom/Dad & Me
 (2-3.5 yrs) 9:30-10 am

5031.821 Tot Soccer (3.5 yrs) 10:50-11:20 am
5031.822 Tot Soccer (3.5 yrs) 5:05-5:35 pm
5032.821 Pre-Soccer (4-5 yrs) 10:15-10:50 am
5032.822 Pre-Soccer (4 yrs) 3-3:35 pm
5033.821 Soccer 1 (5-6 yrs) 3:35-4:20 pm
5034.821 Soccer 2 (7-8 yrs) 4:20-5:05 pm
5035.821 Soccer 3 (9-12 yrs) 4:20-5:05 pm

- ❖ **Winter Fee:** \$101 / Dist. Res. \$91 (8 Classes)
- ❖ **Spring Fee:** \$109 / Dist. Res. \$99 (9 Classes)
- ❖ PH Park: 147 Gregory Lane, North East Corner, near the Community Garden. (Ask for map when registering)

Teens/Youth Sports

NBA/WNBA

Basketball, Youth
 (Boys/grades 3-5 & 6-8)
 (Girls/grades 3-6 & 7-8)
 HOOP IT UP in our exciting youth basketball program. Learn skills, coordination, agility, team work, and sportsmanship through practice drills. Registration is currently open Mon-Fri, 11 am-5 pm, through Dec. 4, at the District Office, 147 Gregory Lane. Practices, arranged by the coaches, begin in mid-Dec. Play runs Jan. through March. *Fee includes a jersey and basketball.*

5060.701 (Grades 3-8)
 ❖ Fee: \$145* / Dist. Res. \$135*

- *A \$15 refund is given to parents interested in coaching or officiating, and who complete training provided by the District.
- ❖ PH Education Ctr.: Gym, 1 Santa Barbara Rd.

Basketball Drop-in

Friday Night Open Gym
 (Teens, grades 6-12)
 Drop-in and shoot hoop with your friends at the gym! Bring a ball or use one provided; wear gym shoes. No food/drink allowed in gym. A parent-signed medical waiver must be on file prior to participation.

- Leader: Staff
- Nov. 13-Dec. 11 (Exclude Nov. 27)
 Jan. 8-March 26
- ❖ Fri., 7-10 pm
 - ❖ Fee: \$3 / at door
 - ❖ PH Education Ctr.: Gym, 1 Santa Barbara Rd.

Bowling Lessons

(Grades 1-12) (4 classes)
 Ready-set-bow! Ready to learn something fun and make new friends in the process? Get set for excellent instruction covering stance, delivery, follow through, and how to make strikes and spares. League (optional) will follow class. Register by one week prior to class. To register, (925) 682-0896.

Instructors: Staff, Paddock Bowl

- 5501.801** Jan. 7-Jan. 28
- 5501.802** Mar. 4-Mar. 25
- ❖ Th., 4:30-5:30 pm
- ❖ Fee: \$18 / Dist. Res. \$15 (shoe rental included)
- ❖ Paddock Bowl: 5915 Pacheco Blvd. (Bus stop #108 & 118)

Winter & Spring Break Junior Golf Camps

(8-17 yrs) (3 classes)
 Parents, this is the perfect gift for your budding golf child. Students learn to play golf with outstanding instruction by golf professionals. Includes basic fundamentals (golf swing, the short game, rules, and etiquette.) Clubs provided if needed. Practice balls included; lunch is NOT. Registration is limited; register early. Call 682-0896.

Instructors: Bob Barro & Staff

- 5545.701** Dec. 21-Dec. 23
- ❖ Mon-Wed, 9 am-noon
- ❖ Fee: \$100
- 5545.801** Apr. 5-Apr. 7
- ❖ Mon-Wed, 9 am-noon
- ❖ Fee: \$105
- ❖ Buchanan Fields Golf Course: 1091 Concord Ave., Concord